

Better Stronger Wiser Group Study Questions

These questions are excellent for group discussion or personal reflection. Feel free to choose the questions that help you or your group most to process the devotion and respond to the story and prayer.

You might want to make this a seven-week Bible Study with the first week being one of fellowship (no assignment) and then reading one of the devotionals aloud and asking the questions. Assigning five devotionals each week and reading one a day is very doable. Coloring the artwork is optional. Regardless of whether you color the pictures, take a moment to look at them together. At each session start with prayer and then take turns reading as many of the five devotionals as you want and answering the questions. You could also take time at the end of your session to color and visit together. Consider taking prayer requests at the end of your session and do your very best to stay on time. I'm praying for you now that as you lead your group of ladies through this study that you grow closer to each other and closer to Jesus Christ. Amen.

1). It's Not Fair (page 1)

This writing shows the unfairness of life here on earth. We have all had our hearts broken in some way. How has God blessed you when you have given Him your broken heart? What did you learn? What might happen if you do not give God your broken heart?

2). If Only . . . (page 5)

Do you believe that Jesus is the Son of God and that all the words in the Bible are true? If yes, take a moment and thank God that you are a child of the Most High God. If no, consider visiting Billy Graham's website at <https://billygraham.org> or talking to a trusted Christ-honoring friend, or emailing me at suzanne@Christ-centeredwellness.com. How do you know that God values wisdom? Point to at least two Scriptures that inform your decision.

3). My Plan (page 9)

Try memorizing Proverbs 3:5-6 this week. Also memorize where to find it in the Bible (Proverbs 3:5-6). I've heard this called "the address." Ask God to help you share this Scripture with someone. Why do you think it's important to memorize "the address"? Who did you share the Scripture with this week?

4). The Cost of Wisdom (page 13)

Do you think it's fair that wisdom has a cost? What do you believe the cost of wisdom is? Is it worth the cost? Why or why not? Proverbs 1:7 says that the fear of the Lord is the beginning of wisdom. What does "the fear of the Lord" look like to you?

5). What Is Your Mountain Made From? (page 19)

Start with prayer and ask God to help you identify one or two personal or professional goals. Write them down and be specific. Give yourself a realistic beginning and ending date to accomplish your goal. Break your goal down into manageable chunks and work towards them with the power of Jesus Christ within you. Remember what your mountain is made from—faith, not fear. Share with the group if you feel led by the Holy Spirit to share. Some goals should be kept between you and your Savior.

6). What's So Wise About an Ant? (page 23)

Do you agree that God has given each of us Kingdom work to do here on earth? The Kingdom work that God gave Mary was to be the mother of Jesus Christ. Do you believe that Kingdom work includes being a mom, wife, widow, sister, daughter, or friend? How can you do Kingdom work no matter what title you hold? What might that look like and what obstacles have you encountered? What do you do to navigate around obstacles in your work?

7). The Power of Common Sense (page 27)

Do you have more "things" than you would like? If so, create a plan and set a date to bless someone with your extra things. This could be a trip to a shelter, an orphanage, a friend, a church, a Goodwill Store or the Salvation Army. Set a date on your calendar and keep it.

8). Releasing Forgiveness and Living in Freedom (page 31)

Is it easy or hard to forgive yourself or others? Why is forgiveness at the center of our walk with Jesus Christ? What happens if you hold back forgiving someone or yourself? Are there any relationships that you currently have where forgiveness needs to be addressed? If so, ask God to show you how and what you are to say or do. Thank Jesus for teaching you how to forgive.

9). Do You Have the Blahs? (page 37)

Why do you think so many Proverbs address the usage of words? Why can't you be a great leader if you talk too much? Why do the greatest

leaders use words sparingly? Have you ever had a great leader? What characteristics made him or her a great leader?

10). I Didn't Get It . . . (page 41)

Was there a time this week when you overlooked an insult? Was there a time when you prayed that someone else would overlook your insult? How can keeping your eyes on Jesus help you navigate through life? What do you do to help keep your eyes on your Savior?

11). Using the Sword with Wisdom (page 45)

Meditate on Proverbs 12:18 today. Write out this verse and do your best to commit it to memory. Take turns reciting the verse to your small group.

12). It Is a Race (page 49)

On page 49 it says, "But I will never know what I don't know if I don't do new things." Can you remember doing something new and finding out that you absolutely loved it? When was the last time you did something new? Do you deliberately put yourself around better, stronger, wiser people?

13). Uncover Understanding (page 53)

What are some of your daily habits? In what area would you like to see more progress? What are two daily habits that you could begin today that would help you see progress in those areas?

14). Developing Patience (page 57)

Would you like to be more patient? How can wisdom yield patience? Why is patience an important characteristic of a good leader?

15). Use Your Head! (page 61)

Why should you use both your eyes and your ears to discern truth? Can you think of a time when you were glad that you used both eyes and ears to make judgements?

16). A New Plan (page 65)

On page 66 it says that fear is a powerful deterrent that the enemy uses to stop us from putting ourselves "out there" and trying something new. Are you allowing fear to deter you from trying something new? How are you using your unique giftings to glorify God and further His Kingdom?

17). War Horse (page 71)

Would you consider yourself to be a War Horse? Why or why not? If yes, do you have scars from which you have learned? How can you become more sensitive to hearing the Holy Spirit? How can you become more obedient to the Holy Spirit?

18). Don't Waste Your Time (page 75)

Are you deliberate about investing most of your time and energy in those who desire to learn? Ask God to help you carefully choose with whom you share your words and your heart. Write down three people with whom you already do or could invest your time. Be faithful to follow through.

19). I Give You My Heart (page 79)

Why is placing your heart in the hands of Jesus Christ the most important daily work you can do? How can you do this?

20). Listen (page 83)

Read through page 83 and 84 slowly and simply listen for the Holy Spirit.

21). I Hate It When It Hurts! (page 87)

Can you identify a behavior that tends to take you off the "right path"? Rest in the knowledge that the Holy Spirit is the answer to overcoming any temptation in life. Find a Scripture that reminds you of the power of God and read it as often as possible today. Ask Jesus to remind you today of His love for you and His immense power that He promises to give you when you surrender your heart, mind, soul, and strength to Him.

22). It's Not Easy (page 89)

On page 89 it says "God values wisdom. God values us. God desires that we pursue wisdom. To do this, we must make the effort, take the time, and establish the habit of seeking wisdom." Do you plan to continue the habit of reading Proverbs? Why or why not?

23). Take Care of Yourself (page 93)

When was a time that you felt you did a great job of taking care of yourself? Write down two things that you can do today or this week to take care of yourself. Ask God to help you follow through and do them.

24). Humility is Key (page 99)

Why do you believe that God loves humility? Why should we love humility? How did Jesus Christ show humility?

25). Faceless Facebook Fraught with Problems (page 103)

If you are on social media, what percentage of your posts point others to Jesus Christ? On page 103 it says, “In the end, teaching others about Jesus Christ is more important than any political situation or quarrelsome topic.” Do you believe this and how does your everyday life reflect your answer?

26). There’s a Price (page 107)

Ask God to give you wisdom to see “down the road” of your life. Are there health, financial, spiritual, or emotional issues that need your attention now so that later you will not “pay a price”? And of course, since we are human, we all have these needs. Take a moment and write down some of them and ask Jesus Christ for His wisdom and help.

27). Lead Well . . . Follow Well (page 111)

Read slowly through the prayer again on page 112. How can you become better at listening to the Holy Spirit today?

28). I’ve Got You (page 115)

How would your day be different if you remember that God has you in His arms? What can you do today that will help you remember that the Savior of the world has You in His arms? “Those who trust in themselves are fools, but those who walk in wisdom are kept safe” Proverbs 28:26.

29). Listen to Learn (page 119)

Write down at least seven things that will help you become healthier and move you forward in doing the will of our heavenly Father. Pick out one or two for this week and do them.

30). A Nourished Soul (page 123)

How important is “perspective” in living life? How do most people form their perspectives? How does knowing that Jesus Christ is your Savior change your perspective towards life? Why are these things—daily time in the Word of God, remembering to confess sin, praying, and praising Jesus in word and song—instrumental in having a close relationship with Jesus Christ? How do these practices change your perspective?